Facilitating adult learners’ self-efficacy through sense of community (SOC) in blended learning programmes

**ADULT LEARNERS**

- Second chance education
  - Vulnerable learners

**Multiple stressors**

- Dispositional ● situational ● institutional

**Barriers to graduation**

**Help!**

**MUTUAL HELPING RELATIONSHIP: DESIGN GUIDELINES**

- **Just ask**
  - Those who need help the most, seek it the least

- **Help seeking**
  - Detecting & diagnosing
  - Establishing need for help
  - Finding help
  - Evaluating help

- **Help giving**
  - Demonstrate challenges
  - Correct mistakes
  - Attribute failures to controllable factors
  - Reinforce help seekers

**WHAT DOES THIS STUDY ADD?**

- Collaboration
- Closed cohort
- Secondary and HE
- Homogeneous drop-out
- Help seeking

**Co-action**

- Open cohort
- Adult education
- Heterogeneous drop-out
- Dynamic interplay

**PhD student:** Ellen Van Twembeke
**Promoters:** Prof. Dr. Jan Elen, Prof. Dr. Katie Goeman, Prof. Dr. Luc De Grez

*Faculty of Psychology and Pedagogical Sciences ● Faculty of Economics and Business*